**Links: Europass Art Course**

What is art for?: <https://www.youtube.com/watch?v=sn0bDD4gXrE>

Art brut: https://www.artbrut.ch/

Art as empowerment: <https://www.youtube.com/watch?v=bPszGBfjuOY>

What is art therapy?

<https://www.youtube.com/watch?v=pdiVQqfXzDU>

<https://www.youtube.com/watch?v=4BZynyGzyow>

“Identity project” idea: <https://issuu.com/thecollegeschool/docs/k._identity_project_mixed_media_sel?epik=dj0yJnU9dHRvdlV4VnhMOXBLeVY4OWQ0UFVidXBnT3FUejNXeDMmcD0wJm49Ui1NRTZhVG9zc1ZqRHYzckVOMHRLZyZ0PUFBQUFBR0VLaFVV>

The Brain (Minute 8:45-10:55) <https://www.youtube.com/watch?v=kMKc8nfPATI>

Tony Orrico <https://www.youtube.com/watch?v=97kxqr6BgKE>

Heather Hansen <https://www.youtube.com/watch?v=C4oBc-o1npg>

<https://www.youtube.com/watch?v=AhRBl5HI_a0>

Anne Lindberg <https://www.youtube.com/watch?v=d_NOQGPX21w>

Colours and emotions <https://www.youtube.com/watch?v=OM4fXB23pCQ>

Journaling Ideas: <https://www.youtube.com/watch?v=O-5c6LYDqQM>

Mindful Photography: <https://www.youtube.com/watch?v=bTfJjgUHJWQ&list=PLVZD6mJzX4gOSQurUs4KiCht9Hw-mUzPx&index=41>

Draw your Breath: <https://www.youtube.com/watch?v=3T635jyenr8&list=PLVZD6mJzX4gOSQurUs4KiCht9Hw-mUzPx&index=41>

SQUARE BREATHING: <https://www.youtube.com/watch?v=YFdZXwE6fRE>

Life Skills: <https://www.youtube.com/watch?v=ixRBjEW_sFs>

Design Thinking <https://www.youtube.com/watch?v=gHGN6hs2gZY>

The LAUNCH Cycle: A Design Thinking Framework for Education: <https://www.youtube.com/watch?v=LhQWrHQwYTk>

Interesting material links:

<https://www.therapistaid.com/>

<https://www.overcomingobstacles.org/>