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# Juhan Liivi nim Alatskivi Kool

Practices and programs that support well-being

Wellbeing Inspiration Day

2025

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## Juhan Liivi nim Alatskivi Kool

227 school family  
members

192 students

28 teachers

10 maintenance

and study

personnel

support staff

At school we focus on:

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- students' independence, formation of a worldview and readiness to cope in life;
- to the development of adequate self-esteem;
- to the development of independent learning and cooperation skills;
- introducing and evaluating the possibilities of further education;
- to the development of civic skills, activity and responsibility.



We belong to the "Entrepreneurial School" network, which focuses on integrating entrepreneurial learning into the school system in order to increase the quality of education and the success of young people in life.



A program that promotes movement and physical activity during the school day to improve students' health and learning ability.

## Programs at ourschool

We have joined the UNESCO Associated Schools Network to promote environmental awareness and global education, building on the Baltic Sea Project programs and the UN Sustainable Development Goals.

## Erasmus+

The school has participated in several Erasmus+ projects that promote international cooperation and intercultural learning. For example, the projects "Skillful Thinking", "I See You, I Hear You, I Feel You", "Welcome to my Family", "Minds on Hands on STEM goes on" and the current project "Digital Art School -Inspiring Learning with New Technologies"



The school has joined the Green School program, which focuses on increasing environmental awareness and promoting a sustainable mindset among students.



The school has joined the Child Welfare Association's program "Free from Bullying!", which focuses on preventing bullying and creating a friendly and supportive school environment.

## Programs at ourschool

### Juhan Liivi nim Alatskivi Kooli digikiirendus

The goal of the program is to develop the school's digital capabilities by integrating modern technologies into teaching and increasing teachers' digital competence.

We use the tricks and knowledge of these programs, but we do not strictly limit them, but rather integrate them.

# Activities that support well-being

- healthy snacks in the cafeteria
- active breaks
- exercise breaks
- health week
- nature hike
- school-wide orienteering game
- teacher well-being



## Inspiration and success stories

- 8th grade planter
- game lesson, folk dance, cooking lesson
- spontaneous outdoor recess
- class cuddly
- supporting students' learning motivation and school joy



Strengths of Juhan

Liivi Alatskivi School.

The school family's

opinion about our

school.



- participation in projects
- many great teachers
- talking with friends during recess -PHONES
- sporty
- small but big at the same time
- Everyone is ready to help you
- many opportunities for hobbies
- all-round development of students' creativity
- tasty and healthy school food
- international cooperation
- child-friendly
- more or less cool teachers
- good opportunities for hobbies
- good and strong subject teachers
- youthful team
- nice atmosphere
- food, friends, sports
- it's good to be in the school premises



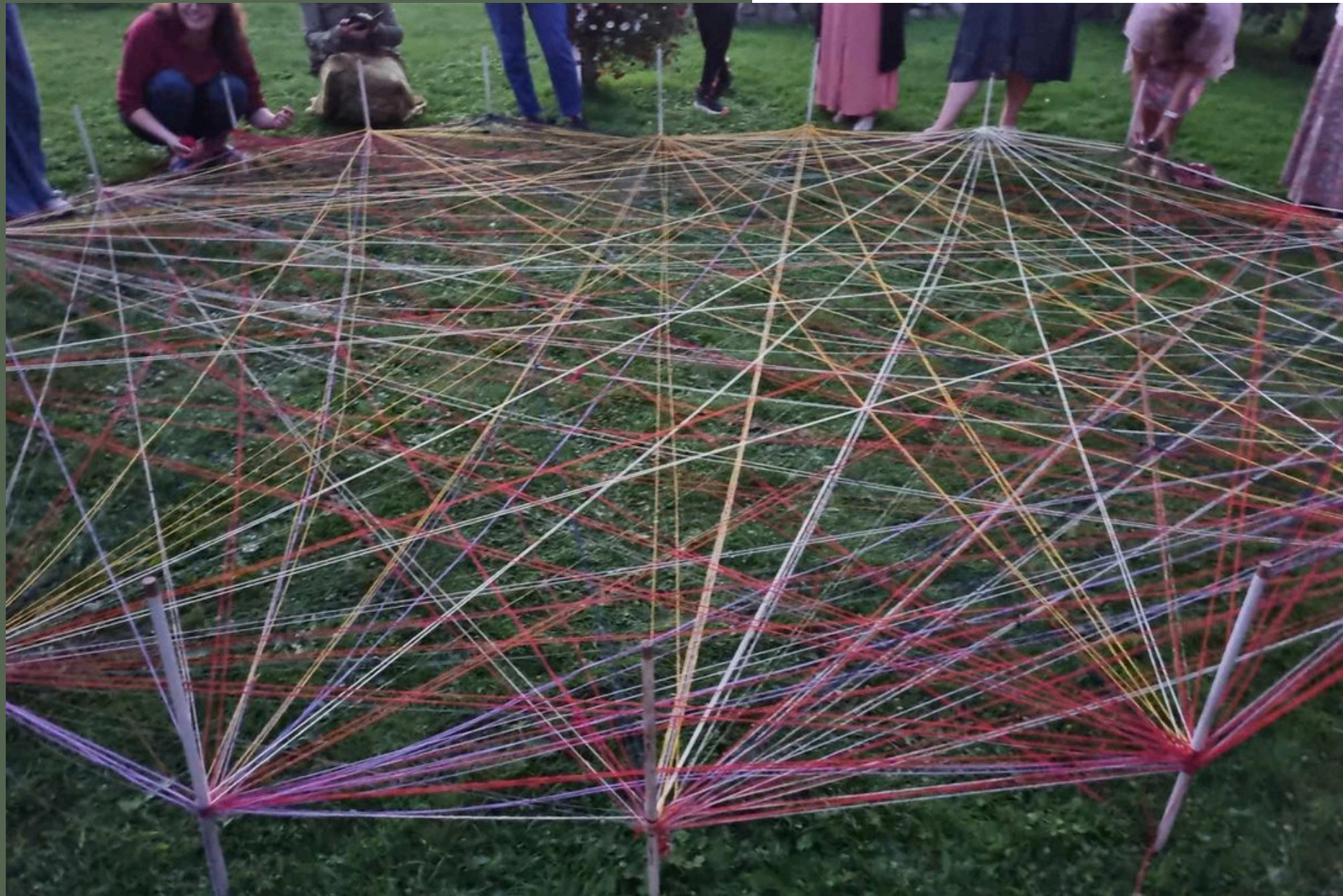
Lessons outside the  
school

**We go out as much  
as possible**

## Places of improvement

- challenges in program implementation
- time-consuming integration
- finding solutions that suit everyone

**Each “bucket” is a step towards a comprehensive and streamlined solution.**



Wellbeing is not a  
collection of  
individual programs,  
but a natural part of  
ourschoolculture.

Thanks for listening! Any questions?

