

Duration: 60 minutes

Instructions:

1. Individual Reflection (5 min)

- Give each participant an **index card** or a **sticky note**.
- Ask them the following question: **"Think of an everyday product you use frequently (e.g., a plastic bottle, a smartphone, a notebook). Write its name on the card."**

2. Small Group Discussion (15 min)

- Divide participants into **small groups of 3-4 people**.
- Each participant introduces the product they wrote on their card and explains why they chose it.

3. Product Life Cycle Mapping (20 min)

- Each group selects one product and **creates a life cycle map on a large sheet of paper**.
- The map should include the following stages:
 - **Raw Materials:** What materials is the product made from?
 - **Manufacturing Process:** How is the product made? What energy and resources are used?
 - **Distribution & Usage:** How is the product transported and used?
 - **End-of-Life (Waste, Recycling, Reuse):** Does the product become waste, or is it recycled or reused?

4. Comparative Group Discussion (15 min)

- Each group **presents their life cycle map** to the class.
- Lead a discussion using the following questions:
 - **"What happens to this product at the end of its life?"**
 - **"How can we redesign it to be circular instead of linear?"**

5. Final Reflections & Key Takeaways (5 min)

- Ask participants to **share their key insights** from the activity.
- Emphasize how products can be **redesigned through circular economy principles**.

This structure encourages **individual and group reflection, critical analysis, and hands-on learning**. Does this work for you?